Become An Active Member Of Your Health Care Team!!

Introduction to My HealtheVet
www.myhealth.va.gov

Goal of My HealtheVet: Help Veterans take ownership of their care and collaborate with their providers and their families.

What is My HealtheVet?

My HealtheVet is a Web-based application that creates a new, online environment where Veterans, family, and clinicians may come together to optimize your health care. Web technology will combine essential health record information enhanced by online health resources to enable and encourage patient/clinician collaboration. The implications of My HealtheVet are far-reaching. Your clinicians will be able to communicate and collaborate with Veterans much more easily. The new online environment will map closely to existing clinical business practices, while extending the way care is delivered and managed. As you build up your lifelong health records, you will be able to choose to share all or part of the information in your account with all your health care providers, inside and outside VA. This has the potential to dramatically improve the quality of care available to our Nation’s Heroes.

Layers of Security: 1. Guest (not registered or signed in)
2. Registered (anyone can register)
3. Authenticated – Only VA patients can be authenticated. Authentication allows Veterans to access personal information in coordination with VA, such as medication names and information from their medical record. VA patients who are registered can renew their prescriptions online, but cannot view the prescription names or their prescription history without being authenticated.

In-Person Authentication (IPA) Process: 1. You must be registered and have a My HealtheVet User ID. In the “Personal Information” section, under ‘Profile’, make sure you have checked the box that says VA Patient. You also must have your social security number and address, including zip code, entered correctly. (This can be done during the initial registration process or by clicking ‘Personal Information’, then ‘Profile’, adding information, and clicking Save at the bottom.)
2. You must watch the My HealtheVet Orientation Video available online (starring Bo Derek).
3. You must present to the health care system with your ID (driver’s license or Veterans’ Identification card) – ROI at University Drive; Admissions Area at Highland Drive; Library at Heinz. Check with your CBOC to see if they are able to authenticate yet. VAPHS staff will check your CBOC to verify your identity. Then you have to sign a form stating that you watched the video and would like to be able to access your medical information online.
What Features Are Available?

Refill Prescriptions Online

Self-Entered Information: Currently, most of the features on MHV are information that the user has to enter themselves. Then MHV makes it easy to track, chart, and print. These features include insurance information, provider contact information, emergency contact information, health history, journals, etc.

“Research Health”: You can read about common conditions and VA health programs under ‘Diseases & Conditions’ or get answers to your health questions from two vast medical resources through the ‘Medical Library’.

‘Health Calendar’: Under “Get Care” you can view a calendar of holidays, local and national VA events, and also add your own personal events. Your zip code must be entered in the “Personal Information” – ‘Profile section’ to be able to see local/regional events. Eventually, any appointments that are entered into CPRS will also show up on authenticated Veterans’ calendars.

‘Wellness Reminders’: Available to authenticated VA patients, General Wellness Reminders include Colorectal cancer screen and Flu while targeted reminders are available for people with diabetes (foot exams) and women (mammograms). Click on the "Get Care" tab, and then go to ‘Wellness Reminders’.

‘Healthy Living Centers’: Located under “Research Health” this library of educational and health promotion materials on healthy living enable you to take control of your own health. Focuses include Separation from Active Duty, Caregiver Assistance, and Spirituality.

Learning Centers: These online courses can be found by clicking the quick link on the home page. Effective patient education can increase a patient’s confidence in making changes to improve and maintain their health.

Upcoming Additions: Appointments; Delegation (so Veterans’ family members can take ownership of their loved ones’ care); Chemistry/Lab Extracts; Patient/Clinician Secure Messaging.